

Supplementary Feeding Program
RECIPES

1	Adobong Manok na may Saba at Abitsuelas Rice Fruit in Season	Pesang Isda na may Kamote Rice Fruit in season	Sarciadong Ilog na may Upo Rice Fruit in Season	Fish and Vegetable Patties Rice Fruit in Season	Almondigas Rice Fruit in Season
2	Tinolang Manok na may Bisol Rice Fruit in season	Monggo Patties with Malunggay Rice Fruit in Season	Chicken-Sayote ala Chopsuey Rice Fruit in Season	Fish Pochoero with Camote and Saba Rice Fruit in Season	Adobong Manok sa Gata na may Papaya Rice Fruit in Season
3	Fried Chicken with Mixed Vegetables Rice Fruit in Season	Fish Cardillo with Malunggay Rice Fruit in Season	Egg Sotanghon with Veggies Rice Fruit in Season	Beef (or Pork) Lauya Rice Fruit in Season	Lumpiang Togue with Tokwa Rice Fruit in Season
4	Veggie Okoy Rice Fruit in Season	Guinataang Sitaw at Kalabasa with Dried Dilis Rice Fruit in Season	Sinigang na Isda sa Kamias Rice Fruit in Season	Pork & Beans Rice Fruit in Season	Beef Bachoy with Green Papaya Rice Fruit in Season
5	Fish Bola-bola Soup with Vegetables Rice Fruit in Season	Rellenong Talong Rice Fruit in Season	Lumpiang Shanghai with Lemon Carrot Sauce Rice Fruit in Season	Chicken Cabbage Stir-fry Rice Fruit in Season	Pork Yang Chow (Fried Rice with Veggies) Fruit in season
6	Molo Soup at Pandesal (Bread/Kakanin/ Rootcrops) Fruit in Season	Macaroni Soup with Egg at Putong Puti (Bread/Kakanin/ Rootcrops) Fruit in Season	Chicken/Pork Lomi at Nilagang Kamote (Bread/Kakanin/ Rootcrops) Fruit in Season	Sotanghon Soup with Kulitis at Tinapay (Bread/Kakanin/ Rootcrops) Fruit in Season	Chicken Mami Soup (Bread/Kakanin/ Rootcrops) Fruit in Season
7	Spaghetti with Meatballs Fruit in Season	Pancit Guisado with Quail Egg Bread/Rootcrop/ Kakanin Fruit in Season	Carbonara Bread/ Rootcrop/ Kakanin Fruit in Season	Palabok at Puto (Bread/ Rootcrop/ Kakanin) Fruit in Season	Arrozcaldo with Egg Bread/ Rootcrop/ Kakanin Fruit in Season